

# SPECIALIZED PROGRAMS

Winter 2015



Explore  
More

*Check out the new Transition Program  
for Ages 16-25 on page 19*



Healthy Parks | Healthy You



Specialized Programs  
4554 NE 41st Street  
Seattle, WA 98105  
[seattle.gov/parks](http://seattle.gov/parks)

## GENERAL INFORMATION

### Parks Management

Christopher Williams, Acting Superintendent  
Kelly Guy, Recreation Director  
Brenda Kramer, Manager, Special Populations

### Recreation Staff

Tim Pretare, Coordinator, Specialized Programs  
Linda Guzzo, Administrative Specialist 1  
Tori Fernau, Adult Recreation Specialist  
Kyle Bywater, Youth Recreation Specialist  
Jill Ellison, Recreation Leader  
Jayson Powell, Recreation Leader  
Jessica Zemke, Recreation Leader  
Iris Swisshelm, Recreation Attendant

### INCLEMENT WEATHER POLICY

If Seattle Public Schools are closed, our programs will also be cancelled. For further information, please call the Specialized Programs Office at 206-684-4950 before venturing out to our programs.



### A Message from the Superintendent

Dear Recreation Enthusiast,

Welcome to winter and the abundant opportunities at Seattle Parks and Recreation to keep active and healthy both indoors and outside.

Speaking of healthy, I wanted to share with you some very good news about the long-term viability of our precious parks and recreation system. You may have heard about the new Seattle Park District, which Seattle voters approved in August 2014 (Proposition 1). The Seattle Parks District provides a new taxing authority and revenue source that will provide a stable and permanent source of funding for parks and recreation services and capital projects for years to come. Below is an overview of this significant development and what it means for our many park visitors and patrons.

Programs for People: Beginning January 1, 2015, we will have funding to support additional staffing and services at our community centers, in our teen programs, Lifelong Recreation programs, and Specialized Programs. We will also update our online program registration system.

I'm excited about the improvements these projects and programs will make to our parks and recreation system and for the many people we serve.

Sincerely,

Christopher Williams  
Acting Superintendent

Fix it First: In 2015, Park District funding will help us reduce our major maintenance backlog, and further invest in our urban forests. In addition, we will develop and implement a new system to better track our assets and plan our work.

Maintaining Parks and Facilities: Funding to support increased park maintenance begins in April 2015 and increased preventative maintenance begins mid-year. There will also be resources to develop a strategic plan for dogs off-leash areas in 2015. In 2016, we will increase Parks Ranger services as well as animal control services in "hot spot" parks.

Building for the Future: In 2016, planning and development begins for the sites acquired and "land banked" with funds from the 2008 Park and Green Spaces Levy. There will also be funds to activate and connect greenways with our parks, to leverage future acquisitions, and for community groups to leverage their resources aimed at significantly renovating Parks' facilities.



# SPECIALIZED PROGRAMS WINTER 2015

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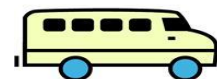
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### Van Trips



**For any van trip we can only wait a maximum of 10 minutes for late arrivals.**



**Looking for something rewarding to do?**

### Volunteer with Specialized Programs!

Work with participants to help make their recreational experience enjoyable. We are looking for volunteers, 18 years and older, to share their time in assisting with our sports programs, youth after school activities, cooking and social programs.



### Your Advisory Council

Most classes, workshops, sports programs, special events and facility rentals are funded through the local advisory council, rather than from City of Seattle budgets. Revenues generated through program fees offset program costs to make these activities self-sustaining. We also rely on participation, donations, and contributions to maintain and upgrade equipment. Advisory council members create scholarship opportunities through grant writing and other fundraising activities.

**Join Us!** Citizen direction and participation is essential to our success. We invite you to attend an advisory council meeting. The advisory council meets at Laurelhurst Community Center on the third Wednesday of each month at 6:30 pm. For further information call Tim Pretare, 206-615-0140.



### eScrip

Please support Specialized Programs by signing up with eScrip at: [www.escrip.com/](http://www.escrip.com/)



I want to encourage you to take a few moments to register your credit and debit cards to your personal eScrip profile.

Chuck Fleming, Specialized Programs  
Advisory Council President



eScrip is a customer loyalty program where a percentage of all purchases made by participating individuals and families are given back to Specialized Programs. eScrip merchants will donate up to 2.5% of the purchase price back to Specialized Programs Advisory Council. All you need to do is register your shopper's card or credit card. Earn money for Specialized Programs while dining out with the eScrip dining program at thousands of restaurants nationwide.

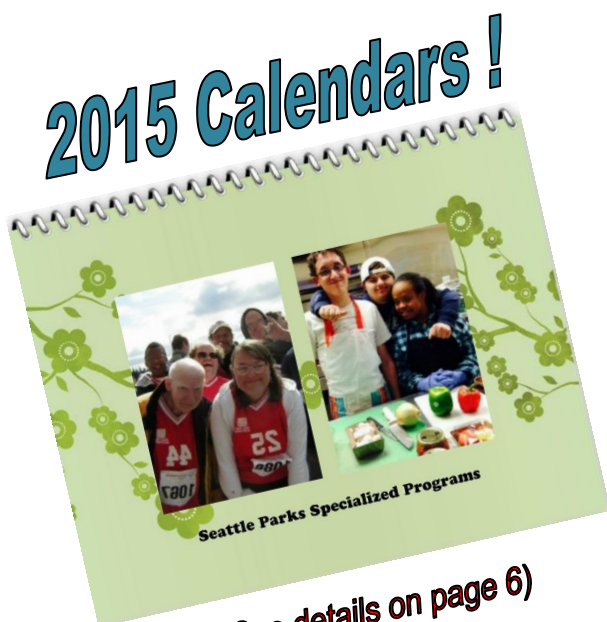
Thank you for your continued support.





# Special Events & Fundraiser

Check out some special events we are offering this quarter  
in addition to our regularly scheduled fun activities !



(See details on page 6)



## Adult Valentine's Dance

(See details on page 30)

## Youth St. Patrick's Day Dance / O'nite



(See details on page 11)

# Specialized Programs

## Calendars 2015



The Specialized Programs Section of Seattle Parks and Recreation is now taking orders for their 2015 calendars! See your child, your relatives, or friends from program in large color pictures and check out the events planned for next year! Get a calendar for yourself, family, and friends – they make great gifts! All profits go to the Specialized Programs Advisory Council and are used for programs and scholarships. Calendar supplies are limited; place your orders now!

### Ordering

Send in the Order Form below with your check/money order.  
You must pre-pay in order to receive a calendar.

### Payment

Please make check / money order payable to:  
Specialized Programs Advisory Council

Or you can pay with a credit card.

### Mail To

Specialized Programs Section  
4554 NE 41<sup>st</sup>, Seattle, WA 98105

### Pick Up

Calendars will be delivered at program or can be  
picked up at the Specialized Programs Office located  
In Laurelhurst. Please mark below for your preference.



\*\*\*\*\*

## 2015 Calendar Order Form

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ ( ) \_\_\_\_\_

Address: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Number of Calendars: \_\_\_\_\_ X \$12 per calendar = \$ \_\_\_\_\_ (amount enclosed)

**Credit Card Payment:** Select one: Visa ☐ American Express ☐ Master Card ☐ **Expiration Date:** \_\_\_\_\_

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Deliver at program – note which program: \_\_\_\_\_

Pick up at Office: \_\_\_\_\_

# 2015 Youth and Adult

## PAYMENTS / DDA / SCHOLARSHIPS / ELIGIBILITY LEVELS



### Payment for Classes

**Payments for classes can be made by credit card – OR - by check**

If paying by check, please make it payable to: City of Seattle  
within two weeks of registering.

Mail check to: Specialized Programs, Attn: Linda  
4554 NE 41<sup>st</sup> Street, Seattle, WA 98105

**NOTE:** For Field Trips, please bring cash on the day of the outings as fees are paid directly to the vendor / site, unless otherwise noted.

### DDA Funding

If you have approved DDA funds, we will apply them toward the class you request.

Please contact Tim Pretare, 206-615-0140, to verify your case manager's name, phone number and email address.

***Please note that DDA funds do not apply towards community field trip outings where participants bring cash on the day of to pay directly for services related to the field trip.***

### Scholarship Applications

To be considered for a scholarship, you must submit the application, plus a 1040 tax return for 2013 for verification to the Specialized Programs office, Att: Tim.

Specialized Programs adopted a new application procedure to be eligible for scholarships that began Summer quarter 2014.

Contact Tim Pretare, 206-615-0140, to receive an application and/or for assistance in completing the application.

### Eligibility Levels

**Low Functioning:** Significant support required with following directions / transitioning, may require assistance completing tasks, including activities of daily living.

**Moderate Functioning:** Directions / transition followed with few prompts, can tolerate large groups in outdoor and indoor spaces.

**High Functioning:** Independently follow directions / transition, must be able to stay with group in outdoor and indoor spaces.

**No 1:1 Supervision:** Staff is not available to provide one-on-one supervision





# Camps for Youth with Special Needs

## REGISTRATION INFORMATION

Do you want your child to have fun, engaging camp opportunities? Our trained staff work daily to offer a safe, exciting, memorable camp experience for your child. Parents must complete and submit all required registration forms including the Participant Information and Medical History before registration is complete. If your child takes medication, a doctor's signature is required.

**REGISTRATION:** Begins February 3, 2015, at 12 noon. Register early, as camps fill up quickly! You may register by calling the Specialized Programs office, 206-684-4950.



**PAYMENT:** A \$15 non-refundable deposit per week will be collected that is applied to the balance. You may make the deposit with a credit card or mail in a check payable to City of Seattle within two weeks of registering.

The balance of the fee, for all weeks, is due TWO weeks prior to the week of the camp. Scholarship applications are available and DSHS Developmental Disabilities Administration Respite Care subsidies are also accepted.

**WOODLAND DAY CAMP:** \$ 85 per week, per child

**CAMP LONG OVERNIGHT CAMP:** \$105 per week, per child



**WOODLAND DAY CAMPS:** 10 a.m. – 3 p.m. Monday through Friday  
Lower Woodland, Stove #6, 5900 Aurora Ave North (near lawn bowling area).

Youth will be involved with games, arts & crafts, canoeing, and entertainment. Wednesdays are cookout days and lunch will be provided, all other days' campers must bring a sack lunch. Fridays are Zoo Days (no access that day).

<b>Woodland 1</b>	<b>June 29 – July 2</b>	<b>Stars &amp; Stripes</b>
<b>Woodland 2</b>	<b>July 13 – July 17</b>	<b>Under the Big Top</b>
<b>Woodland 3</b>	<b>July 27 – July 31</b>	<b>Wild, Wild West</b>
<b>Woodland 4</b>	<b>Aug 3 – Aug. 7</b>	<b>Super Heroes</b>



## CAMP LONG OVERNIGHTS

**5 p.m. Tuesday through 12 noon on Friday**  
Camp Long, 5200 – 35<sup>th</sup> Ave SW (in West Seattle)

Youth engage in arts and crafts, naturalist programs, nature walks, games, and entertainment.

Youth need to bring a sack dinner for the first night, all other meals are provided.

<b>Spirit Week</b>	<b>Camp Long 1</b>	<b>June 23 – June 26</b>
<b>Haunted Week</b>	<b>Camp Long 2</b>	<b>July 7 – July 10</b>
<b>Camps Got Talent</b>	<b>Camp Long 3</b>	<b>July 21 – July 24</b>
<b>Under the Sea</b>	<b>Camp Long 4</b>	<b>Aug 11 – Aug 14</b>



# Youth Programs

See Registration  
Dates Below

**Youth: 4 – 21 years**

**Teen: 13 – 21 years**

**Transition: 16 – 25 years**

Participants are welcome to attend the Youth Programs until the age of 21. Please note that Adult Programs begin at the age of 18, and we encourage people to begin the transition from youth to adult programs at that time.

If your child will be attending the Specialized Programs Section's Youth Programs, you must have a Participant Information Form on file. We are happy to mail one to you or you can find it on line by going to <http://seattle.gov/parks/specialpops/index.htm>.

If you need to reach the Specialized Programs Youth Staff during program times, please use the following work cell phone numbers:

<b>Kyle Bywater</b>	Recreation Specialist	206-979-4687
<b>Jessica Zemke</b>	Recreation Leader	206-979-6183
<b>Jill Ellison</b>	Recreation Leader	206-601-3604

## REGISTRATION



Please call Specialized Programs, 206-684-4950, on the time- date listed below. Let us know if you are using Access and if you are using DDA funds or qualified for a scholarship.

<b>Can call when you receive the brochure for:</b>	Basketball, Crossroads, Splish-Splash, Yoga Wacky Weekends, Teen Club, Baking Club, Community Services Club, and St. Patrick's Day Dance and/or O'night
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<b>FOR OUTINGS :</b> 8 am - Tues., December 9	Teen Socials, Winter Breaker
<b>FOR OUTINGS:</b> 8 am – Wed., December 10	Adventure Club, Saturday Activities
<b>FOR CLASSES:</b> 8 am – Thurs., December 11	Dinner Theater, Just Kids

## Yoga & Relaxation

Join certified staff in gentle stretch, strength building and relaxation! Wear comfortable clothes. **Staff: Kyle Bywater**

**Eligible:** All ability levels (no 1:1 supervision provided)

**Bring:** Water, hand towel and mat if you have one  
No mat? We'll provide one for you.

**Dates:** Mondays, January 5 – March 9  
*No class January 19, February 16 due to city holiday*

**Time:** 6 - 6:45 p.m.

**Cost:** \$25 for winter quarter

**Location:** Bitter Lake Community Center, 13035 Linden Ave North, 98133

**Access:** Drop-Off Appointment Time: 5:45 p.m.  
Pick-Up Window: 6:45 – 7 p.m.



## Youth Basketball

It's the time of year to shoot some hoops, learn skills and have a great time! ***Be sure you have your current Special Olympics paperwork turned in by January 2, 2015, in order to compete in tournaments.*** We can mail the form to you or you can access the form by going to:

<http://seattle.gov/parks/specialpops/index.htm>.

**Eligible:** All ability levels (no 1:1 supervision provided)

**Dates:** Tuesdays, January 6 – March 10

**Time:** 5:45 - 7 p.m.

**Cost:** Free

**Location:** Yesler Community Center  
917 East Yesler Way, 98122

**Access:** Drop-off Appointment Time: 5:45 p.m.  
Pick-Up Window: 6:45-7:15 p.m.



### Important Dates:

Sunday, February 8

Regional Basketball Tournament

February 28-29 weekend

State Tournament for those who qualify

\*Coaches will let you know when information on Regional and State meets is available.

## St. Patrick's Day Dance / Overnight for Youth !

A fun evening to celebrate the wearing of the green.  
We'll play games, win fun prizes, and dance the night away!

### DANCE and OVERNIGHT

**Date:** March 13-14  
**Time:** Friday, 6 p.m. – Saturday, 9 a.m.  
**Cost:** \$20  
**Location:** Camp Long  
5200 – 35<sup>th</sup> Ave SW, 98126



**ACCESS:** Drop-off Appointment Time: 6 p.m.  
Dance Only Pick-up Window Friday: 8 – 8:30 p.m.  
Overnight Pick-up Window Saturday: 8:30 - 9 a.m.

### DANCE ONLY:

**Date:** March 13  
**Time:** 6 – 9 p.m.  
**Cost:** \$3 – dance

## Just Kids

Time to burn off some energy! This open gym program is designed to help participants learn new active games while developing social skills. Siblings are also welcome to attend. Let's bring everyone together for a great time! **Staff: Jill Ellison**

**Eligible:** All ability levels (no 1:1 supervision provided)

**Dates:** Wednesdays, January 7 – March 11  
*No class January 14*

**Time:** 6 - 7:30 p.m.

**Cost:** \$10 for winter quarter

**Location:** Green Lake Elementary School, 2400 North 65th, 98103

**Access:** Drop-Off Appointment Time: 6:00 p.m. / Pick-Up Window: 7:15-7:45 p.m.





## After-School Splish-Splash

Have fun socializing and getting a little exercise at the same time in this great newly remodeled pool.

**Staff:** Kyle Bywater

**Eligible:** All ability levels (no 1:1 supervision provided)  
Class is limited to 10 participants.

**Dates:** Thursdays, January 8 – March 12

**Time:** 2:45 - 4:30 p.m.

**Cost:** \$10 for winter quarter

**Location:** Rainier Beach Pool,  
8825 Rainier Ave South, 98118

**Access:** Drop-Off Appointment Time: 2:30 p.m.  
Pick-Up Window: 4:15- 4:45 p.m.

**\*\*Please call your school's transportation line  
at 252-0900 to change your route on this week day.**



## Crossroads Recreation

Time to hang out with friends! We offer a wide range of age-appropriate activities for middle school students throughout our city. School buses will transport your student to the site OR after the program, depending on your home location. Limit 10 students per site.

**Please contact staff at your child's school for specific dates as each school varies**

**Eligible:** All ability levels (no 1:1 supervision provided)

**Date:** Tuesdays, January 20

**Time:** 2:30 - 4:30 p.m.

**Cost:** Free

**Hamilton Middle School**

**1610 N. 41<sup>st</sup> St, 98103**

**Staff: Jessica Zemke**

**Washington Middle School**

**2101 South Jackson St, 98144**

**Staff: Kyle Bywater**

**Aki Kurose Middle School**

**3928 S. Graham, 98118**


**Staff: Jill Ellison**



## Wacky Weekends


Youth will be engaged in sports and games, science, cooking projects, art, music, free play, sensory exploration, and indoor/outdoor exercise. Activities are fun, purposeful and emphasize each child's strengths to promote independence. **Staff: Jill Ellison**

**Eligible:** Moderate to low levels

**Bring:**  Sack lunch each week

**Dates:** January 10, 24, 31; February 7, 21; March 7

**Time:** 10 a.m. - 2 p.m.

**Cost:**  \$15 for winter quarter

**Location:** Garfield Teen Life Center, 428 – 23rd Ave, 98122

**Access:** Drop-off Appointment Time: 10:15 a.m.

Pick-up Window: 1:30- 2 p.m.

**Note:** Please wait until Specialized Programs staff arrive prior to leaving your child. DO NOT leave your child unattended. Thank you.



## Adventure Club

We will explore the area in search of some fun! It's time to try something new and exciting. These activities are held on Seattle Public School Days Off or Early Release. **Staff: Jessica Zemke**


**Eligible:** Moderate to high levels (no 1:1 supervision)

**Bring:** Cash with you on the day of the event (no DDA for these outings)

**Meet:** Densmore Building, 8061 Densmore Ave North, and 98103 **OR**  
Jefferson Community Center, 3801 Beacon Ave South 98108

**Wed, Jan 14:** **Ice Skating Time** – have fun gliding over the ice

**Time:** 1:30-5:30 p.m.

**Cost:**  \$10 - *cash on the day of the event*


**Access:** Drop-off appointment time: 1:30 p.m.

Pick-Up Window: 5:15-5:45 p.m.



**Fri, Jan 30:** **Seattle Children's Theatre "Mwindo"** an epic Central African tale with plenty of action, music and dance.

**Time:** 9:30 a.m. – 3 p.m.

**Cost:**  \$11.50 *cash on the day of the event*

**Access:** Drop-off appointment time: 9 a.m.

Pick-Up Window: 3-3:30 p.m.

## Youth Programs: Ages 4-21


*Check Out  
the trips!*




## Saturday Activities

Explore all that Seattle and the surrounding areas have to offer during these exciting adventures.

**Eligible:** Moderate to high levels and able to transition and follow multi-step directions (no 1:1 supervision provided). Participants able to come with an aide are admitted on a case-by-case basis.

**Bring:**  Sack lunch and dress according to the weather.

**Dates:** January 10, 24, 31; February 7, 21, 28; March 7

**Cost:**  Cost varies, CASH ONLY on the day of the outing in an envelope with child's name on clearly marked. (No checks or DDA for these outings).

**Access:** Not provided for this program

**Drop-Off:** Densmore Building, 8061 Densmore Ave N., 98103 OR  
Jefferson Community Center parking lot, 3801 Beacon Ave S., 98108

**Pick-Up:** 2 p.m. ONLY at the Densmore Building

**NOTE:** In an effort to have every child attend at least one Saturday Activities outing, you may select '3' outings and be put on the wait list for the other outings.

### Dates & Events

**Time:** 9 a.m. – 2 p.m., unless otherwise noted

**Staff:** Jessica Zemke

- |               |  |
|---------------|--|
| <b>Jan 10</b> | <b>Snoqualmie Falls and XXX Drive-In \$5</b> Be in awe of this mighty waterfall and enjoy a rootbeer float at the legendary XXX in Issaquah.                             |
| <b>Jan 17</b> | <b>No Program – due to city holiday.</b>   |
| <b>Jan 24</b> | <b>Storybook Theatre “Cinderella” \$9</b> Classic tale of setbacks and triumphs.   |
| <b>Jan 31</b> | <b>Swimming at Mountlake Terrace Pool \$5</b> Bring your swimsuit / towel and enjoy the really warm water, the Lazy River, float and water toys, and more!               |
| <b>Feb 7</b>  | <b>Pacific Science Center – Imax \$15</b> A visit to this Seattle icon never gets old.   |
| <b>Feb 14</b> | <b>No Program – due to city holiday.</b>   |
| <b>Feb 21</b> | <b>Chinese Lunar New Year Celebration \$3</b> Join us in the international district for dragon dancing, crafts, and tasty new food.                                      |
| <b>Feb 28</b> | <b>Kenmore Lanes Bowling &amp; Pizza Lunch \$7 –</b> A strike or spare may be in your future!  |
| <b>Mar 7</b>  | <b>Movie Out &amp; Popcorn \$10</b> Join us for a Saturday matinee at a local theatre and share laughs and popcorn with friends (movie chosen closer to date of outing). |
| <b>Mar 14</b> | <b>No Program - See page 17 for St. Patrick’s Day Dance / Overnighter weekend.</b>   |

**Cancellation Policy for Saturday Activities:** *If you are registered for a Saturday that involves purchasing tickets for an event and you cancel before the event, you will now be responsible for paying the full amount of the program cost before registering for any future program. This is because we pre-order tickets based on registration numbers and we have had many cancellations.*



## Winter Breakers

Have awesome plans on your school break? We do!!! Meet your friends away from the house for a full day of fun. Dress for rain or shine on these outings. Space is limited to 15.


**Staff:** Jill Ellison

**NOTE:** Please wait until Specialized Programs staff arrive prior to leaving your child. **DO NOT** leave your child unattended. Thank you.

**Eligible:** Moderate to high levels (no 1:1 supervision provided)

**Date:** Tuesday, February 17

**Time:** 10 a.m. – 3 p.m.

**Cost:**  **\$22 paid prior to outing.**  
You may pay with a credit card - OR  
you make your check payable to:

**City of Seattle.**

*Mail check to: Specialized Programs  
4554 NE 41st St, Seattle 98105*

**Meet:** Densmore Building, 8061 Densmore Ave N., 98103

**Access:** Drop-off Appointment Time: 9:45 a.m. / Pick-Up Window: 3 – 3:30 p.m.  
If you are using Access, it applies only to the Densmore Building



## Teen Programs: Ages 13-21

### Teen Club and Swim

Hang with friends while focusing on life skills, environmental stewardship, health, fitness, and social recreation. **Staff:** Jessica Zemke

**Teen Club is held on non-Teen Social dates.**

**Eligible:** Moderate to high levels  
(no 1:1 supervision provided)

**Bring:** Swimsuit and towel

**Dates:** Friday, January 9, 23;  
February 6, 20; March 6

**Time:** 3 - 5:15 p.m.

**Cost:**  \$15 for winter quarter

**Location:** Meadowbrook Community Center, 10517 – 35th Ave NE, 98125

**Access:** Drop-Off Appointment Time: 3 p.m. / Pick-Up Window: 5:15-5:45 p.m.

**\*\*Please call your schools transportation line, 252-0900, to change your route on this week day.**



**NOTE:** Due to School District Swim Meets, some dates the pool may not be available. We are given a very short notice for these – however, we will still hold Teen Club on those dates.

# Adaptive Sports For Physically Challenged



Seattle Adaptive Sports (SAS) is a partner with the Seattle Parks and Recreation Specialized Programs. SAS offers a variety of sports and recreation activities offered year-round for youth and adults with physical disabilities, such as spinal cord injuries, amputation, dwarfism, and cerebral palsy. Come join a team and participate in local, regional, national tournaments/meets. Sports and recreation programs offered include:

- Wheelchair Basketball: With opportunities to drop in and play, participate in clinics, or participate with your team in competition games.
- Track and Field: Practice your skills so you can join your high school team, enter road races and compete in regional meets.
- Sled Hockey: Come get physical in the sport of hockey and bring your family or friend to join in too.
- Power Soccer: A powerchair user? Then come out to practice and learn the fun game of soccer.
- The CREW Youth Social: It's the place for teenagers to hang with friends and their young adult mentors. Join in the conversation!!
- Annual Clinic: Join us to meet others enjoying an active life in over 15 sports and recreation activities, including Sitting Volleyball, Fencing, Table Tennis, Tennis, Weightlifting, Cycling, Skiing, Rowing, Sailing, Canoeing, Dance and more.



Visit the SAS website at [www.seattleadaptivesports.org](http://www.seattleadaptivesports.org)

Contact SAS by email [info@seattleadaptivesports.org](mailto:info@seattleadaptivesports.org)

LIKE us on Facebook at [Seattle Adaptive Sports](https://www.facebook.com/SeattleAdaptiveSports)

*Presented by the  
Specialized Programs Section & Specialized Programs Advisory Council*

# Teen Social

A fun way to promote socialization and community awareness by attending movies, dining out, hanging out with friends and more! **Staff: Jessica Zemke, Jill Ellison**

**YOU MAY SELECT TWO (2) OUTINGS AND BE ON THE WAIT LIST FOR THE OTHER**

**Eligible:** Moderate to high levels (no 1:1 supervision provided)

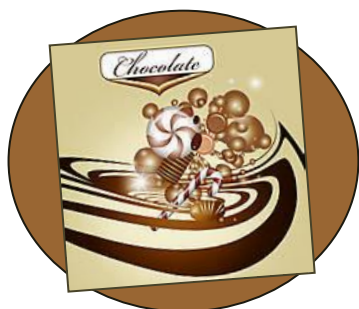
**Bring:** Bring cash, listed below, on the day of the outing ( *no DDA funds for these outings*)

**Meet:** Densmore Building .....8061 Densmore Avenue North, 98103  
**OR**  
 Jefferson Community Center .....3801 Beacon Ave S, 98108

**Jan. 16**

## Roller Skating and Dinner Out

**Cost:** \$ \$14, includes skating and meal  
**Time:** 4 – 8 p.m.  
**Access:** Drop-Off Appointment Time: 4 p.m.  
Pick-Up Window: 8 - 8:30 p.m.



## Feb. 13 101 Chocolate Molding and Dinner Out

**Cost:** \$ \$25, includes chocolate class and meal  
**Time:** 4 - 8 p.m.  
**Access:** Drop-Off Appointment Time: 4 p.m.  
Pick-Up Window: 8 - 8:30 p.m.

**Feb. 27**

## Thunderbird Hockey Game

**Cost:** \$ \$20, includes ticket and meal  
**Time:** 5 – 9 p.m. (*note later return time*)  
**Access:** Drop-Off Appointment Time: 5 p.m.  
Pick-Up Window: 9 - 9:30 p.m.



**Ideas or suggestions for outings?**  
**Contact Kyle at 684-7548**



# NEW Transition Programs Ages 16-25

## Community Service Club

Are you looking to get out in the community, have fun and make a positive impact? Join us in the fight against hunger in Washington and volunteer at Food Life Line to help those in need.

**Staff:** Jessica Zemke

**Eligible:** Moderate to high levels and able to follow 2-3 step directions

**Date:** Thursdays: January 8, 22; February 5, 19; March 5

**Time:** 2:30 - 5 p.m.

**Cost:** FREE

**Drop off Location:** Densmore Building, 8061 Densmore Ave N, 98103  
OR  
Lincoln Transition School, 4400 Interlake Ave N

**Pick up Location:** 4:30 pm at Food Life Line 1702 Ne 150th St, Shoreline, 98155  
OR  
5 pm at the Densmore Office, 8061 Densmore Ave N, 98103



**ACCESS:** Do not use Access to drop off for program  
Home Only from Densmore Building: Pick-Up Window: 5 – 5:30 p.m.

## Dinner Theater (*now a Transition Program*)

Join friends, learn to read recipes, and whip up the latest tasty theme menu tied in with a blockbuster movie to enjoy while we dine on our culinary results. **Staff:** Jessica Zemke

**Eligible:** Moderate to mild levels (no 1:1 supervision provided)

**Dates:** Wednesdays, January 7 – March 11  
No class January 14

**Time:** 3:15 - 5:30 p.m.

**Cost:** 💰 \$30 for winter quarter

**Location:** Van Asselt Community Center  
2820 South Myrtle Street, 98108

**Access:** Drop-Off Appointment Time: 3:30 p.m. / Pick-Up Window: 5:30-6 p.m.

**\*\*Please call your schools transportation line, 252-0900, to change your route on this week day.**

**Note:** Participants must not be dropped off before 3 p.m.  
Van Asselt Community Center is not open. Staff will not be there until 3 p.m.





## Baking Club


We are partnering with the TAT Program (see below) for a hands-on baking club. Learn to follow recipes, mix and measure, and taste the finished product that you create.

**Staff:** Kyle Bywater

**Eligible:** Moderate to high levels  
(no 1:1 supervision provided)

**Dates:** Mondays, January 5 – March 9  
*No class January 19, February 16 due to city holiday*

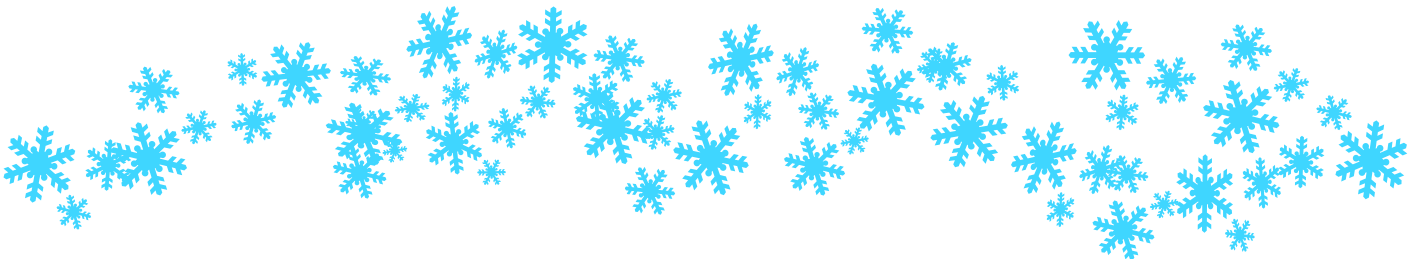
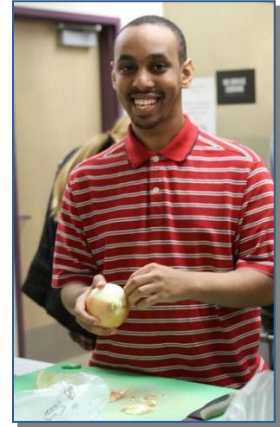
**Time:** 3:30 - 5:15 p.m.

**Cost:**  \$15 for winter quarter

**Location:** Bitter Lake Community Center, 13035 Linden Ave N, 98133

**Access:** Drop-Off Appointment Time: 3:30 p.m. / Pick-Up Window: 5:15-5:45 p.m.

**\*\*Please call your schools transportation line, 252-0900, to change your route on this week day.**



The Able Teens (TAT) is an inclusive service-learning based after school program empowering young people to pursue a vocation of interest while gaining valuable life skills.  
Learn new skills, make new friends, and earn service hours for graduation.  
This program is for student's age 14-25 that does not require 1:1 supervision.

For information contact Kathleen Greaney, TAT Program Coordinator at [Kathleen.Greaney@seattle.gov](mailto:Kathleen.Greaney@seattle.gov)

or call the Youth Employment Service Learning Office at 206-684-4575



# Information Regarding Access Transportation Services

The Americans with Disabilities Act (ADA) requires that transit agencies like Metro and Sound Transit make their bus and rail services user-friendly for people with disabilities. The ADA also requires transit systems to have a paratransit service when someone can't take the bus or rail because of their disability. In King County, ADA paratransit services are provided by Metro's Access Transportation Services.

## Services Offered by ACCESS

### Subscription Service

This service is great when a participant wants to set up a ride to the same destination, at the same time, every week. Please state that you are going to a Seattle Parks and Recreation Program and it can be set up for you immediately.

### Door-to-Door

The driver will walk the participant to the doorway of the destination.

### Hand-to-Hand

The driver must deliver the participant to the appropriate person at the destination. If you use this service, please have participants locate "Specialized Programs Staff".

To apply contact Access Customer Service  
Phone: 206-205-5000 / TTY: 206-749-4286

## Using Access for Specialized Programs Activities

We have had increasing numbers of participants coming to and from programs via Access Service. Due to this increase, issues have been raised that we would like you to be aware of when making arrangements for Access rides.

1. Each program in our brochure has a stated Access **"drop-off appointment time"** and a **"pick-up window"**. When you schedule your rides, **please request only these stated times!** Please note Access has "drop-off windows" and they have "drop-off appointment times". **Please use only the "drop off appointment times" for our programs.**
2. Please remember, if a participant arrives too early, the facility may not be open or Specialized Programs staff may not have arrived yet. If a participant's pick up window is scheduled late, it will affect other programs that are following theirs.

3. When you register for programs, please state if the participant is going to be using Access to and/or from program.
4. If there is a consistent problem with early drop-off appointments or late pick-ups, we will call you to discuss the situation.
5. If you have any questions about our specific Access appointment times or pick-up windows, please call the Specialized Programs Office at 206-684-4950.
6. If you have problems with the Access Service, please call Access at 206-205-5000 (TTY 206-749-4286) and talk with their Customer Service staff.

# Adult Programs

See Registration  
Dates Below

## Appropriate For Ages 18 and older

We encourage people to begin the transition from youth to adult programs starting at age 18.

If you need to reach the Specialized Programs Adult Staff during program times only, please use the following work cell phone numbers:

<b>Jayson Powell</b>	Recreation Leader	206-290-3728
<b>Jill Ellison</b>	Recreation Leader	206-601-3604

### PAYMENTS FOR CLASSES:

Payments for classes can be made by credit card OR check.

If paying by check, please make it payable to: City of Seattle

Mail check to: Specialized Programs, Attn: Linda  
4554 NE 41<sup>st</sup> Street, Seattle, WA 98105



### PAYMENTS FOR OUTINGS

Bring cash with you on the day of the outing to pay directly to vendor / site.

### REGISTRATIONS:

Call 206-684-4950 starting on the time / dates listed below:



You can call as soon as you receive the brochure in the mail for: Creative Space, Health, Fun Fitness, Southend Social, Starlight Social, Swimming, and Sweetheart Dance.

For TNT .....registration begins 8 a.m. on Monday, December 1

For Saturday Travels .....registration begins 9 a.m. on Tuesday, December 2

For Cooking and Yoga .....registration begins 8 a.m. on Thursday, December 4

For Basketball .....registration begins 8 a.m. on Tuesday, December 18

Please let us know when you register if you're using DDA funds or approved for a Scholarship.



## Cooking Class

Learn basic skills for preparing and cooking healthy meals from beginning to end and dine on our finished meals together.



**Due to the popularity of this program and limited number we can accommodate, we are requesting agencies and group homes limit the number of people they pre-register to two.**

**Note:** You may register for one session and be placed on the waiting list for the other session.

**Eligible:** All ability levels (no 1:1 supervision provided)

**Dates:** Mondays - see below for the sessions offered

**Time:** 6:30 - 8 p.m.

**Cost:** 💰 \$25 due by Thursday, December 23

**Access-both sites:** Drop-Off Appointment Time: 6:45 p.m.  
Pick-Up Window: 8 - 8:30 p.m.

**Registration:** See page 21 for details



### Sessions

#### Session #1

**Delridge Community Center**  
4501 Delridge Way SW, 98106

**Dates:** January 5, 12, 26, February 2  
*No program January 19 due to city holiday*



#### Session #2

**Northgate Community Center**  
10510 – 5th Ave NE, 98125

**Dates:** February 23, March 2, 9, and 16

## Yoga & Relaxation

Join certified staff in gentle stretching, strength building and relaxation! This is a great way to unwind for the evening.

**Eligible:** All ability levels (no 1:1 supervision provided)

**Bring:** Water, hand towel and mat if you have one  
No mat? We'll provide one for you.

**Dates:** Mondays, January 5 – March 9  
*No class January 19 or February 16*

**Time:** 7 – 7:45 p.m.

**Location:** Bitter Lake Community Center  
13035 Linden Ave North, 98133

**Cost:** 💰 \$25 due by Thursday, December 23

**Access:** Drop-Off Appointment Time: 6:45 p.m.  
Pick-Up Window: 7:45 - 8:15 pm



**Registration:** See page 21 for details

Check Registration  
Info Below

## Friendship Drama & Friendship Glee Club

Specialized Programs is partnering with Friendship Adventures to offer a 12-week course to study drama, dance and music. Join instructors, Jill Rogers and Andy Denney in classes that focus on the unique talents and abilities of the actors and develop new skills for possible future performances.

### Class #1 Drama and/or Glee

Tuesdays, January 6 – March 10

#### Tabernacle Baptist Church

16508 – 8<sup>th</sup> Ave NE, Shoreline 98155

Glee .....	\$ 75	5:45-6:45 pm
Drama .....	\$120	7-8:30 pm

### Class #2 Drama and/or Glee

Wednesdays, January 7 – March 11

#### Northgate Community Center

10510 – 5<sup>th</sup> Ave NE, Seattle 98125

Glee .....	\$ 75	5:45-6:45 pm
Drama .....	\$120	7-8:30 pm

Registration is on a first-come, first-served basis with Friendship Adventures by completing and mailing in the registration form submitted with your check. Call 425-444-3132 for a registration form.



You may choose from **one of** the two Drama classes plus Glee Club if desired. In addition to the registration form, Class Rules and 2015 Friendship Adventure Participation Registration packet must be received prior to the first class. No refunds made after the class begins. *Please indicate if you will be riding Access.*

**Checks payable to:**.....Friendship Adventures

**Note:** No DDA funds for this program.

**Mail checks to:**..... 21218 West Lost Lake Rd, Snohomish, WA 98296

**Access:**.....Drop Off Appointment Time: Time of class

Pick-Up Window: 15 minutes before to 15 minutes after class ends

## TNT Club - Two Locations

Meet weekly to enjoy fun activities including games, movies, crafts, cooking and more. Bingo anyone?

**NOTE:** Due to the popularity of this program, we have **two locations** offering the same programs on the same day and time, so please register for just one. Registration for each location will be limited to 40 participants after which participants will be put on the waiting list.


### CENTRAL LOCATION:

Yesler Community Center  
917 East Yesler Way, 98122

### NORTH LOCATION:


Meadowbrook Community Center  
10517 NE 35th Ave, 98125

**Eligible:** All ability levels (no 1:1 supervision provided)

**Bring:**  Sack lunch and drink

**Dates:** Tuesdays, January 6 – March 10

**Time:** 10:30 a.m.–1 p.m.

**Cost:**  \$15 due by Thursday, December 23

**Access:** Drop-Off Appointment Time: 10:45 a.m.  
Pick-Up Window: 12:45-1:15 p.m.

**Registration:** See page 21 for details



## Creative Space

A fun day program for adults who meet each week to enjoy activities geared at exploring our creative sides.


**Eligible:** All ability levels (no 1:1 supervision provided)

**Bring:**  Sack lunch and drink

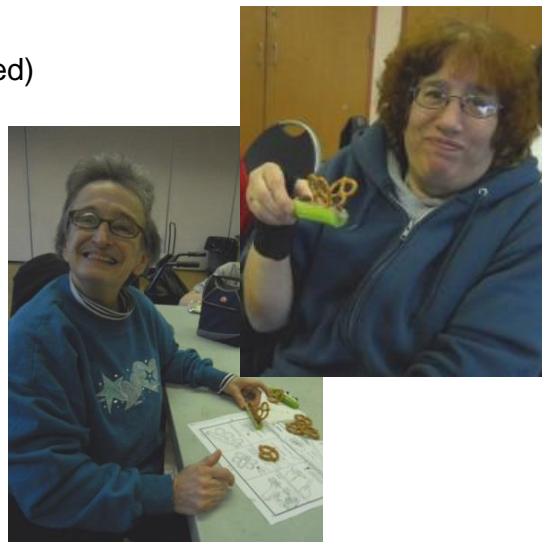
**Dates:** Wednesdays, January 7 – March 11

**Times:** 11:30 a.m. - 2 p.m.

**Location:** South Park Community Center,  
8319 – 8th Ave South, 98108

**Cost:**  \$15 due by Thursday, December 23

**Access:** Drop-Off Appointment Time: 11:45 a.m.  
Pick-Up Window: 1:45-2:15 p.m.



## Starlight Social

This weekly social program for individuals 18 years and older will be cancelled Winter 2015 due to basketball practices.

**NO Starlight Social  
Winter quarter**

Instead - please join us at our Wednesday night for basketball practices at Miller Community Center (see page 28 ) or get involved with Friendship Theatre at Northgate (see page 23). Registration is required for each program.

Starlight Social will start again in Spring 2015

## Southend Social

Have great fun at this weekly social program which is full of parties, games, crafts, and more.

**Eligible:** All ability levels (no 1:1 supervision provided)

**Dates:** Thursdays, January 8 – March 12

**Time:** 6:30 - 8 p.m.

**Cost:** Free

**Location:** Southwest Community Center,  
2801 SW Thistle St, 98126

**Access:** Drop-Off Appointment Time: 6:45 p.m.  
Pick-Up Window: 7:45 - 8:15 p.m.



### Dates & Activities

**Jan. 8** Make Calendars & New Years Activities  
**Jan. 15** Martin Luther King, Jr Day Celebration  
**Jan. 22** Bingo  
**Jan. 29** Snow Day  
**Feb. 5** Puzzles & Games

**Feb. 12** Valentine's Day Party  
**Feb. 19** Active Games  
**Feb. 26** Karaoke & Name That Tune  
**Mar. 5** Spring Jingo & Games  
**Mar. 12** St. Patty's Day Party



## Swimming


Enjoy fun, challenging practice sessions for the upcoming competitive swimming season beginning the end of March. Athletes are encouraged to attend all practices and start conditioning and getting ready for events.

**Eligible:** Adults who know how to swim (no 1:1 supervision provided)

**Bring:** Swimsuit and towel

**Dates:** Thursdays, January 8 – May 28

**Time:** 7-8 p.m.

**Cost:**  Please pay directly to Meadowbrook Pool  
Fee not known until 2015 Parks Budget is approved.  
Call 206-684-4989 for cost.

**Location:** Meadowbrook Pool  
10515-35th NE, 98125

**Access:** We request athletes NOT use Access to or from practice  
and apologize for any inconvenience this may cause.

If you have questions, please call our office.



### Upcoming Important Dates

Spring Season starts March 19, 2015.

Mandatory timings will be held on Sundays, March 22 and 29, at Meadowbrook Pool.  
Times to be announced.



## Fun Fitness

Join the Specialized Programs staff and get moving! We will play games, work on skills, walk (when weather permits), and enjoy other fun, athletic activities!

- Eligible:** All ability levels (no 1:1 supervision)
- Date:** Thursdays, January 8 - March 12
- Time:** 1 - 3 p.m.
- Cost:** FREE
- Location:** Bitter Lake Community Center,  
13035 Linden Ave North, 98133
- Access:** Drop-Off Appointment Time: 1:15 p.m.  
Pick-Up Window: 2:45 - 3:15 p.m.





*It is so reassuring to be able to trust the programs staff & to know that our daughter is safe & happy. She loves every program she is involved in. Thanks to each & everyone who is there for her.*

## H.E.A.L.T.H.

H.E.A.L.T.H. (Healthy Eating Active Living Today, Hooray!) is a program aimed at promoting healthy eating habits and active life-styles. We will be walking outside, playing games in the gym, learning about nutrition and making a healthy snack.



- Eligible:** All ability levels (no 1:1 supervision provided)
- Bring:**  Sack lunch and drink
- Date:** Fridays, January 9 – March 13
- Time:** 11:30 a.m. - 2 p.m.
- Location:** Rainier Community Center,  
4600 – 38<sup>th</sup> Ave South, 98118
- Cost:**  \$15 due Thursday, December 23
- Access:** Drop-Off Appointment Time: 11:45 a.m.  
Pick-up window: 1:45 - 2:15 p.m.

## Basketball

Join us for a night of hoops. No matter what ability you are, a pro, new to the sport, individual skills, we have a team for you! It's a great way to see your friends and get some exercise.

*Remember to  
Register  
December 18*

### Upcoming Important Dates

**January 7, Tuesday**

Must be registered with the Specialized Programs Office and have your current Special Olympics paperwork turned into our office

**February 8, Sunday**

Special Olympics Regional Tournament

**February 28, 29**

Special Olympics State Tournament

Coaches will keep you informed when further information on the tournament is available.

### NORTHEND LOCATION

**Dates:** Tuesday, Jan 6 – Feb 24

**Time:** 6:30-8 p.m.

**Cost:** Free

**Location:** Northgate Community Center  
10510 NE 5th Ave, 98125

**Access:** Drop-off Appointment Time: 6:45 p.m.  
Pick-up Window: 7:45-8:15 p.m.



Space limited to

45 athletes at each site



**Registration:** Call 206-684-4950 starting  
8 a.m. on Tuesday, December 18

### CENTRAL LOCATION

**Dates:** Wednesday, Jan 7 – Feb 25

**Time:** 7-8:30 p.m.

**Cost:** Free

**Location:** Miller Community Center  
330-19th Ave East, 98112


**Access:** Drop-off Appt. Time: 7:15 p.m.  
Pick-up Window: 8:15-8:45 p.m.

## Saturday Travels

Join us as we venture out to many fun and interesting places around the Sound! You may choose 2 trips and then can request to be on the waiting list for other outings. Please eat before you come to the program, as we don't stop to eat during our outings. If you are coming from the bowling program, you must arrange for your own transportation to Saturday Travels.

**Eligible:** All ability levels (no 1:1 supervision provided)

**Time:** 2:30 - 5:30 p.m.

**Cost:**  Depends on activity; bring cash the day of  
(No checks or DDA funds for these outings)

### Location:

Meet and return to the: Densmore Building  
8061 Densmore Ave North, 98103

**Access:** Drop-Off Appointment Time: 2:30 p.m.  
Pick-Up Window: 5:30 - 6 p.m.

**Registration:** See page 21 for details



## Dates & Activities

- Jan. 10** **Bingo & Games \$2:** We'll enjoy a recently released movie and make a yummy treat.
- Jan. 17** *No program due to holiday weekend.*
- Jan. 24** **Family Fun Center \$12:** Have a blast at this game filled center!
- Jan. 31** **Movie & Popcorn \$2:** We'll catch a goodie from the silver screen and munch on popcorn.
- Feb. 7** *No program due to Special Olympics Regional Tournament.*
- Feb. 14** *No program due to holiday weekend.*
- Feb. 21** **Bowling \$10:** Got some 'spare' time? Join us for a fun afternoon.
- Feb. 28** *No program due to Special Olympics State Basketball Tournament.*
- Mar. 7** **Out to Dinner \$10:** Enjoy a delicious, fun dinner out with your friends.
- Mar. 14** **Leprechaun's Scavenger Hunt:** See if we can find rainbows, a pot of gold and some other clever clues.

**Important Notice:** Please note that if you do not bring your cash payment for Saturday Travels field trips on the day of the activity, you will not be able to attend any future Saturday Travel outings until the balance is paid in full.





## Sweethearts Dance for Adults

You are invited for a night of dancing and music! Put on your dancing shoes, bring your sweetheart and see your friends. Refreshments and light snacks will be provided. Registration is required.

**Eligible:** All ability levels (no 1:1 supervision provided)

**Date:** Friday, February 13

**Time:** 6:30-8:30 p.m.

**Cost:** 💰 \$3

**Location:** TBA

**Access:** Drop-Off Appointment Time: 6:45 p.m.  
Pick-Up Window: 8:15-8:45 p.m.

**Registration:** Can call to register when you receive the brochure



# 2014

## Coach of the Year

Jayson Powell received Washington Special Olympics 2014 Coach of the Year award. We applaud Jayson for his dedication, involvement, enthusiasm, knowledge, and go-to attitude. He instills in our sports program athletes the importance of good sportsmanship, win or lose.

This philosophy follows closely the Special Olympics motto:

Let me win.  
But if I cannot win.  
Let me be brave  
in the attempt.



### Refund Policy

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, special event or program that is cancelled for any reason by Parks and Recreation will receive a full refund.
- Anyone who registers for a trip, special event, and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge of \$5 or 10% of the class fee (whichever is greater).
- Anyone who registers for a class and who withdraws from the activity fewer than 14 days before its start (or after the second session of a class), will receive no refund.
- There are no refunds or make-up classes for sessions missed due to illness or vacations.

### CODE OF CONDUCT

Any participant conduct that is disruptive or unsafe to participants or staff may result in being sent home early that day or unable to attend on a permanent basis for the quarter.

This will be decided on a case-by-case basis and is at the discretion of the program leadership staff. Such conduct includes, but is not limited to:

Destruction of property, harming oneself or another, or refusal to follow the minimum safety requirements to participate in activities. All incidents will be documented and reported to direct caregivers in a timely manner.

### Persons with Disabilities

Reasonable accommodations will be made on request for person with disabilities. If you need sign language interpretation, auxiliary aids or other accommodations, call V/TDD 206-684-4950. If possible, please allow 10 working days advance notice for sign language interpretation or auxiliary aids. If a class or activity is scheduled in an area that is not barrier-free for wheelchairs, we will make every effort to help you find a similar program in an accessible location. As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or presence of any sensory, mental, or physical handicap. (Seattle Municipal Code 18.12.180)

### Fees & Charges

Specialized Programs provides programs and activities listed under an agreement with Seattle Parks and Recreation. Fees collected by the Specialized Programs Advisory Council are used to offset the cost of providing the programs. 12% of each program registration fee is used to defray overhead costs. 88% of each program registration fee is related to the direct cost of providing the program, class or activity. Class and program fees include WA state sales tax where applicable.

#### JOIN OUR E-MAIL LIST

Go to our web page and enter  
your e-mail.

[seattle.gov/parks/  
SpecialPops/index.htm](http://seattle.gov/parks/SpecialPops/index.htm)



## Specialized Programs

4554 NE 41st Street  
Seattle, WA 98105

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SEATTLE, WA.  
PERMIT NO. 152



### Specialized Programs Survey

**We want to hear from YOU!**

#### PROGRAM SURVEY NOW AVAILABLE

Please ask a staff member how you can take a survey  
to give us feedback about our programs and services.

Survey also available on-line at:  
[surveymonkey.com/s/SpecializedPrograms](https://surveymonkey.com/s/SpecializedPrograms)  
Or link to it from our web site, here



**Thank you for your support!**

**WINTER**